



SAMPLE SCHEDULE

7:15 am	Breakfast
8:30-11:30 am	On the Field
11:30 am-Noon	Lunch
Noon-2 pm	Lunch Break / Classroom Sessions / Inspirational Sports Movies / College Seminars
2-5 pm	On the Field
5-6:30 pm	Dinner & Break
6:30-8 pm	On the Field
8-9 pm	Downtime
9-10 pm	Break
10:30 pm	Lights Out

**Day Campers have same 8:30-5 pm schedule.*